**EMERGENCY INFO CARD**

my-name

my-address

my-city, state zip

000-000-0000 (cell)

**Contacts:** my-contact (spouse) at 000-000-0000

-OR- my-contact (friend, local) at 000-000-0000

-OR- my-contact (inlaw, San Antonio) at 000-000-0000

-OR- my-contact (nephew, overseas –closest blood relative) at 000-000-0000

**Paddles With:** www.hask.org

(over)

(continued from other side)

**Insurance:** Medicare

**A&B**: XXXX-XXX-XXXX

**Sup**: XXXXXX 00000000000

**D**: XXXXXX 0000000000

**Medications**: my-meds

**Alerts**: my-alerts

**Allergies**: my-allergies

**Photo**:

**Boats:** my-color my-model -OR- my-color my-model (both have IF-FOUND stickers)